



## **RUTH ANN LAKE**

ORIGINALLY FROM THE USA, RUTH IS NOW BASED IN NICE, FRANCE, FOLLOWING MANY YEARS OF RESIDENCE IN ITALY.

RUTH HAS OVER TWENTY FIVE YEARS EXPERIENCE AS A CONSULTANT AND FACILITATOR IN THE MANAGEMENT DEVELOPMENT FIELD. HER FIELDS OF EXPERTISE INCLUDE CROSS CULTURAL TEAM BUILDING, INTERCULTURAL NEGOTIATIONS, LEADERSHIP AND EMPOWERMENT, INFLUENCING ACROSS ORGANISATIONS, MANAGING PEOPLE AND MANAGING CONFLICT.

RUTH ALSO DOES EXECUTIVE COACHING IN F2F AND VIRTUAL FORMATS. SHE HAS WORKED EXTENSIVELY FOR MULTINATIONAL AS WELL AS SMALL AND MEDIUM SIZED ENTERPRISES.

SHE HAS OFTEN WORKED AS PART OF A PAN EUROPEAN FACULTY TEAM DELIVERING TRAINING IN ITALIAN, SPANISH (SHE LIVED FOR OVER 3 YEARS IN LATIN AMERICA) AND IN ENGLISH AND HAS EXPERIENCE WITH BLENDED LEARNING APPROACHES IN ORDER TO FOLLOW UP AND INTEGRATE PARTICIPANTS' OBJECTIVES.